

## **FIRST AID POLICY**

The first aid policy is to provide first aid support to casualties with common injuries or illness and those arising from specific hazards.

In Meadow Hall, we have at least two registered school matrons who are licensed practicing nurses and eleven trained First aiders who will provide first aid support as and when necessary.

First Aiders are not legally permitted to give any medication to students. If a First Aider feels that further medical assistance is required, he/ will make necessary arrangements with the school matrons. It is important to state that all first aiders have attended an approved course in First Aid Administration.

### **EQUIPMENTS USED FOR THE ADMINISTRATION OF FIRST AID**

#### **FIRST AID BOXES**

The Healing Bay of the School is equipped with basic instruments and common non prescription drugs needed for first aid management.

We have thirteen wall first aid boxes mounted on each floor and every wing of the building and some on the play grounds for easy accessibility by first aiders in case of any injury. Our equipment and stock are checked and replenished monthly or when necessary by the school matrons.

#### **INFORMATION**

All new staff is provided with information at induction on how to obtain first aid assistance and who the qualified first aiders are.

#### **UPDATING INFORMATION ON FIRST AID**

All first aid notices are regularly checked for accuracy and updated. Notices will need to be altered if a listed first aider leaves, moves location or does not renew their certificate. In these instances, a new first aider will be appointed.

#### **TRAINING OF STAFF**

All first aiders have to attend an assessed training course in Emergency First Aid at Work to be recognized as a first aider. We recommend that first aiders attend a refresher course every Year. The training provider that we use is Critical Rescue International.

#### **ADMINISTRATION OF FIRST AID**

If someone is injured or becomes unwell and needs help, the nearest first aider should be contacted, and asked to attend. The first aider will assess the situation, provide help, request assistance from other first aiders if necessary, and stay with the casualty until she/he recovers then make arrangements to move the person to the healing bay.

In the healing bay, the matron makes a quick assessment of the situation, and administers appropriate first aid treatment. Drugs are administered following the school's policy on drug administration.

In a situation where the condition defies first aid treatment, a quick call is put through to the doctor at Lifeline Children Hospital Lekki and the person is moved to the hospital as quickly as possible. Parents of such a child will at this point be contacted. The student's emergency contacts are recorded on the Schools database. The contact is also held by the class teachers. The matrons also determine if an ambulance should be called.

When giving first aid which involves physical contact, the first aider should first explain what they need to do and then ask the child's permission to go ahead before starting.

### **SPILLAGES OF BODY FLUIDS**

These must be dealt with promptly by the matron. Spillages of blood, vomit, urine and excreta should immediately be cleared and the area sanitized. The medical waste should be disposed properly or placed in an appropriate disposal bag.

### **RECORDS**

A medical slip indicating the type of injury or illness and the treatment given is completed and given to each child that has received any form of first aid treatment. This will help the parents know what happened in school and what has been done, as well as become a guide to further treatment. These records are also logged into a medical record book in the healing bay.

### **ASTHMA**

Every pupil suffering from asthma should have a spare inhaler kept in a locked cupboard in the clinic. Expiry dates are recorded and parents are sent a reminder when a replacement is required. Expired inhalers are sent back home to be replaced by a new one

What First Aid involves:

- First aid involves emergency treatment and support to:
- Preserve life through: clearing and maintaining open airways
- restoring breathing or circulation, monitoring wellbeing until the person recovers or is transferred into the care of ambulance paramedic, doctor or nurse
- Protect a person, particularly if they are unconscious.
- Prevent a condition worsening.
- Promote recovery.

This policy is reviewed if and when necessary, for example if a First Aider leaves the school.

List of First Aiders In Meadow Hall School

1. Matron Bridget Anazie - School Matron
2. Matron Francisca Ekwegbalu - School Matron
3. Mr. John Adewuwi - First Aider

4. Mrs. Uduak Bassey - First Aider
5. Mr. Adesanya Osibanwo - First Aider
6. Miss. Agnes Biodun Owoyele - First Aider
7. Mr. Ofoseuwa John - First Aider
8. Mr. Alli Temitope - First Aider
9. Mr. Solomon Fashaki - First Aider
10. Miss Opeyemi Abiodun - First Aider
11. Mr. Akinola Ogbeyemi - First Aider
12. Mrs Titi Adamu - First Aider
13. Mrs Yetunde Osundolire - First Aider

### **Responsibilities of the Matron:**

That there is:

- adequate and appropriate first aid equipment, facilities and qualified first-aid personnel and to ensure that the correct First aid procedures are followed;
- regular, suitable and sufficient risk assessments of the health and safety of employees, pupils and visitors to the School to identify the measures necessary for controlling possible risks.

### **Monitoring**

This policy shall be monitored by the school matron and reviewed if and when necessary by the management.